

MARIA NUNLEY

MS, SYC, LPC, LADC

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EXPERIENCE

MARCH 2019 - PRESENT

LICENSED PROFESSIONAL COUNSELOR, UPLIFT AND RECOVER LLC

Working to improve individual's quality of life through refined coping skills that improve mood, help individuals cope with anxiety, manage stress and anger, cope with depression and increase self-esteem and self-efficacy. Concerned with the wellness of others physically, mentally and spiritually. Modalities of care most often used are CBT based therapies, IFS, and EMDR.

OCTOBER 2017 - OCTOBER 2019

CLINICAL SUPERVISOR, APT FOUNDATION – NORTH HAVEN BRANCH

Working as a part of the management and administrative team. Assuming a leadership role to provide supervision for clinical staff. Upholding program policies and ethical standards that promote and safeguard the appropriate function of the outpatient medical clinic in a way that maintains patient and staff safety.

JULY 2014 – OCTOBER 2017

CLINICIAN II, APT FOUNDATION – NORTH HAVEN BRANCH

Provide individual, group, and family therapy to patient's receiving medicated assisted treatment. Work with patients on identifying barriers to change, and identifying the consequences of maladaptive coping skills and behaviors. Identify the patient's stage of change based on the Prochaska and Diclemente Model. Use clinical judgement and therapeutic skills to utilize the proper interventions during therapy sessions. Work in a team based, and patient centered, approach.

AUGUST 2013 - JULY 2014

CLINICIAN, NEW ERA REHABILITATION CENTER

Complete bi-weekly counseling session with patients and devise treatment plans based on the patient's stages of change. Complete screenings, intake, and assessments. Complete biopsychosocials and comprehensive discharge planning. Refer patients to additional services in the community, such as mental health, medical, or a higher level of treatment based on the patient's needs and progress in treatment.

FEBRUARY 2013 – AUGUST 2013

SBIRT HEALTH EDUCATOR, COMMUNITY HEALTH CENTER ASSOCIATION OF CT

Substance abuse health educator at Fair Haven Community Center. I assessed patients on their risk factors for substance use, in specific: tobacco, alcohol, prescription and illicit drugs. I use the ASSIST, which is a universal screening tool that measures the risk imposed by these substances

on a patient's general health. I then provide the patient with a brief intervention on the risks of their use and, depending on the patient's severity, I refer them to behavioral health treatment.

SEPTEMBER 2011 – SEPTEMBER 2012

OUTREACH WORKER, CITY OF NEW HAVEN

Home visits. Teaching life skills and child development to first time mothers. Includes goal planning, progress notes, scheduling, transportation, and the use of parenting curriculum weekly with each client. Use research-based information to teach mothers about child development and best practices.

SEPTEMBER 2008 – SEPTEMBER 2011

RESIDENTIAL SUBSTANCE ABUSE COUNSELOR, CROSSROADS, INC

Weekly counseling sessions with a caseload of 8-10 clients, case management, treatment and recovery planning, treatment reviews, progress notes (client file and records documentation), scheduling, gender responsive care, group facilitation, transporting clients and being present during legal proceedings: includes criminal court proceedings with DIP clients, DOC, CSSD, Probate court, etc.

EDUCATION

MAY 2018

SIX YEAR CERTIFICATE IN CLINICAL MENTAL HEALTH

UNIVERSITY OF BRIDGEPORT

JANUARY 2015

MASTER'S OF SCIENCE IN CJ: FORENSIC PSYCHOLOGY CONCENTRATION

UNIVERSITY OF NEW HAVEN

DECEMBER 2011

BACHELOR OF ARTS IN CJ

ALBERTUS MAGNUS COLLEGE

SKILLS

- Certified Acudetox Specialist
- Supervision and Leadership Experience
- Fitness Nutrition Certification (ISSA)
- Humanitarian Assistance Program Trained EMDR provider

PROFESSIONAL LICENSES

Name	Credential	Credential Description	State Agency Contact	Status	Status Reason
MARIA M NUNLEY	44.001080	Licensed Alcohol and Drug Counselor	Department of Public Health	ACTIVE	CURRENT
MARIA M NUNLEY	46.003281	Professional Counselor	Department of Public Health	ACTIVE	CURRENT

PERSONAL REVIEWS AND TESTIMONIALS OF MY CURRENT PRACTICE CAN BE FOUND THROUGH THIS LINK OR BY SEARCHING MARIA NUNLEY LPC ON GOOGLE:

<https://www.google.com/search?q=maria+nunley+lpc&oq=maria+nunley+lpc&aqs=chrome.69i59.2707j0j9&sourceid=chrome&ie=UTF-8>